

Palace Daycare Meals

Monday:

Breakfast: Oatmeal & Banana

Morning snack: Grapes & crackers

Lunch: Grilled Cheese Sandwich, fresh fruit,veggies

Afternoon Snack: Mandarin Oranges & crackers

Drink: Milk or OJ

Drink: Apple Juice

Drink: Milk

Drink: Water

Tuesday:

Breakfast: Eggs,Pancakes, & Fruit

Morning snack: Banana & goldfish crackers

Lunch: Hot Dogs strawberries & veggies

Afternoon snack:Apple slices & Graham crackers

Drink: Milk or OJ

Drink: Apple Juice

Drink: Milk

Drink: Water

Wednesday:

Breakfast: Muffins/pastry & Fruit

Morning snack: Animal crackers & Yogurt

Lunch: Cheese Quesadilla, fresh fruit & veggies

Afternoon snack: Raisins & cheese it crackers

Drink: Milk or OJ

Drink: Apple Juice

Drink: Milk

Drink: Water

Thursday:

Breakfast: Eggs, Waffles & Strawberries

Morning snack: Applesauce & ritz crackers

Lunch: Chicken Nuggets, Strawberries , veggies

Afternoon snack: Cheese slices & crackers

Drink: Milk or OJ

Drink: Apple Juice

Drink: Milk

Drink: Water

Friday:

Breakfast: Cereal w/ Fruit

Morning snack: String cheese & Ritz crackers

Lunch: Mac&Cheese w/ corn

Afternoon snack: Yogurt & Graham Crackers

Drink: Milk or OJ

Drink: Apple Juice

Drink: Milk

Drink: Water